

# The London Position Statement of the World Congress of Gastroenterology on Biological Therapy for IBD With the European Crohn ' s and Colitis Organisation: Safety

G Van Assche, JD Lewi, GR Lichtenstein, EV Loftus, Q Ouyang, J Panes, CA Siegel, WJ Sandborn, SPL Travis, and J-F Colombel.

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## Serious infections

### WCOG Statement 2.1

#### **Risk of infection as a consequence of anti-TNF therapy**

Although there is unequivocal evidence of an increased risk of serious infection among patients with rheumatoid arthritis treated with anti-TNF therapy, the data are less robust in CD.

The risk may be increased in patients on combination therapy with steroids and / or immunomodulators [EL 2a]

Treatment with anti-TNF therapy is associated with an increased relative risk of opportunistic infection and this risk is further increased by combination therapy with other immunomodulators [EL 2b]

### WCOG Statement 2.3

#### **Risk of tuberculosis as a consequence of anti-TNF therapy**

The risk of reactivation of tuberculosis is significantly increased in patients receiving anti-TNF therapy and all patients should undergo screening for latent tuberculosis before treatment. In those who have evidence of latent tuberculosis, treatment for latent tuberculosis should begin before starting anti-TNF therapy [EL 2b]

### WCOG Statement 2.4

#### **Risk of fungal infection as a consequence of anti-TNF therapy**

Invasive fungal infections such as disseminated histoplasmosis, coccidioidomycosis, pneumocystis, disseminated sporotrichosis, and cryptococcosis have been reported following treatment with anti-TNF agents. There are no useful screening measures to identify high-risk individuals [EL 4]

## Risk of malignancy

### WCOG Statement 2.5

#### **Overall risk of malignancy as a consequence of anti-TNF therapy**

There is no consistent evidence of an increased overall risk of malignancy in patients with IBD treated with anti-TNF therapy [EL 2a]

### WCOG Statement 2.6

**Risk of non-Hodgkin ' s lymphoma as a consequence of anti-TNF therapy** Patients whose treatment includes anti-TNF therapy have a higher risk of non-Hodgkin ' s lymphoma compared with the general population (OR: 3.2, 95 % CI: 1.5 – 6.9) [EL 2a], but it is unclear whether the risk is attributable to anti-TNF therapy, thiopurines, or the combination of both

### WCOG Statement 2.7

#### **Risk of hepatosplenic T-cell lymphoma as a consequence of anti-TNF therapy**

Hepatosplenic T-cell lymphoma in patients with IBD is very rare, but young patients treated with a combination of infliximab and thiopurines appear to be predisposed [EL 4]. It is not

known whether all anti-TNF agents confer the same risk, or whether the risk is primarily attributable to the thiopurines in combination with anti-TNF therapy

## **Other toxicity related to biological therapy**

### **WCOG Statement 2.8**

#### **Risk of immunogenicity and drug induced reactions to biological therapy**

All monoclonal antibodies (anti-TNF agents and natalizumab) used to treat patients with IBD induce anti-drug antibodies [EL 1b]. Antibodies to infliximab and to natalizumab are associated with acute infusion reactions [EL 3], whereas injection site reactions to certolizumab pegol or adalimumab have not been clearly linked to anti-drug antibodies

### **WCOG Statement 2.9**

#### **Risk of autoimmunity following biological therapy**

De novo formation of anti-nuclear antibodies in patients with IBD occurs with all anti-TNF agents [EL 2b], but the clinical relevance is as yet unclear

### **WCOG Statement 2.10**

#### **Miscellaneous adverse events and biological therapy**

Less frequent adverse events such as demyelinating disease, worsening of congestive heart failure, or eczematous skin lesions are class effects of anti-TNF therapies [EL 4]